



Level 5 Diploma in Psychotherapeutic Counselling
Start Date: Friday 24th September 2021

Friday Sessions will run: 9:30am – 5:00pm
Sat and/or Sun sessions will run: 10:00am-4:00pm

Date	Session Topic
Friday 24 th Sept 21	Welcome/Becoming a Psychotherapeutic Counsellor/The journey ahead (10am – 1pm – Zoom)
Friday 8 th Oct 21	AM: Orientating to the course PM: Going more deeply into the psychotherapeutic process.
Friday 12 th Nov 21	AM: ‘What is Theory’ PM: The language of emotion
Sunday 21st Nov 21	Workshop: Different approaches to working with Dependency (chemical and emotional)
Friday 26 th Nov 21	AM: The Therapeutic Relationship — ‘Whose tune am I singing?’ PM: Working with self-awareness as an independent practitioner.
Friday 10 th Dec 21	AM: Focus on practice beginning with assessment PM: The structure of counselling in private practice
	Christmas Break: 11th Dec 21—6th Jan 22
Friday 7 th Jan 22	AM: The politics of mental illness — who decides PM: Common and severe mental health problems
Friday 14 th Jan 22	AM: Therapist factors v client work PM: The power and authority in the therapeutic relationship
Saturday 15th Jan 21	Workshop: Working with anger with self/others
Friday 4 th Feb 22	AM: Clinical outcomes in clinical audit PM: Group Supervision
Friday 25 th Feb 22	AM: The structure of private practice (Practical, legal, ethical and personal) PM: Issues which impact on clients accessing private practice.

- Friday 11th Mar 22 AM: Establishing and managing a private practice: (The ethics and challenges of making a living)
PM: Attachment styles in the therapy room
- Sunday 27th Mar 22** **Workshop: Holding clients in-between sessions (who is responsible — boundaries and ethics)**
- Friday 1st Apr 22 AM: Working with different cultures, faith & Spirituality (including spiritual emergence)
PM: Transference and Counter-transference
- Easter Break: 2nd Apr 22 — 21st Apr 22**
- Friday 22nd Apr 22 AM: Working with phenomenological approach
PM: Group Supervision
- Saturday 14th May 22** **Workshop: Course Celebration/Review**
- Friday 27th May 22 CPD/Accreditation/Website etc.
- Friday 10th Jun 22 End of course (Portfolio hand-in)

DATE OF EXTERNAL ASSESMENT:

Monday 13th Jun 22 (You have one week to complete and submit this to the CPCAB.)