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**Level 5 Diploma in Psychotherapeutic Counselling—Hybrid Learning**

**Start Date: Friday 21st October 2022**

**Friday Sessions will run: 9::45 – 5:00pm**

**Sat and/or Sun sessions will run: 10:00am-4:00pm**

**Date Session Topic**

Friday 21st Oct 22Welcome/Becoming a Psychotherapeutic Counsellor/The journey ahead

Friday 4th Nov 22 AM: Orientating to the course

PM:Going more deeply into the psychotherapeutic process.

Friday 18th Nov 22 AM: ‘What is Theory’

PM:The language of emotion

**Sunday 27th Nov 22 Workshop: Different approaches to working with Dependency (chemical and emotional)**

Friday 2nd Dec 22 AM: The Therapeutic Relationship — ‘Whose tune am I singing?’

PM:Working with self-awareness as an independent practitioner**.**

Friday 16th Dec 22 AM: Focus on practice beginning with assessment

PM:The structure of counselling in private practice

**Christmas Break: 17th Dec 22—5th Jan 23**

Friday 6th Jan 23 AM: The politics of mental illness — who decides

PM:Common and severe mental health problems

Friday 13th Jan 23 AM: Therapist factors v client work

PM: The power and authority in the therapeutic relationship

**Saturday 21st Jan 23 Workshop: Working with anger with self/others**

Friday 3rd Feb 23 AM: Clinical outcomes in clinical audit

PM:Group Supervision

Friday 24th Feb 23 AM: The structure of private practice (Practical, legal, ethical and personal)

PM:Issues which impact on clients accessing private practice.

Friday 10th Mar 23 AM: Establishing and managing a private practice: (The ethics and challenges

of making a living)

PM:Attachment styles in the therapy room

**Sunday 26th Mar 23 Workshop: Holding clients in-between sessions (who is responsible — boundaries and ethics)**

Friday 31st Mar 23 AM: Working with different cultures, faith & Spirituality (including spiritual emergence)

PM:Transference and Counter-transference

**Easter Break: 1st Apr 23 — 20th Apr 23**

Friday 21st Apr 23 AM: Working with phenomenological approach

PM: Group Supervision

**Saturday 13th May 23 Workshop:**  **Course Celebration/Review**

Friday 26th May 23 CPD/Accreditation/Website etc.

Friday 9th Jun 23 End of course (Portfolio hand-in)

**DATE OF EXTERNAL ASSESMENT:**

**Monday 12th Jun 23** (You have one week to complete and submit this to the CPCAB.)